

Make some slime and your own Sploges!

Slime 1

1 can condensed milk
1 tablespoon corn flour
Green food colouring

Mix all the ingredients in a saucepan and stir over a low heat for about 10 minutes as the mixture thickens. The low heat is necessary in order that the condensed milk doesn't burn to the bottom of the pan. Once suitably thick, leave to cool before creating your Slodges. This slime is actually perfectly edible.



Slime 2

1 tablespoon Psyllium Husks (a fibre supplement easily available in health food shops such as Holland and Barrett, or online)

1 cup of water

Green food colouring

Mix all the ingredients in a saucepan and whisk over a low heat for about 5 minutes until the mixture thickens. Leave to cool and then start Slodging. This slimes texture and appearance is quite unlike any other slime with a rubbery, almost bouncy feel, with great stretchability!

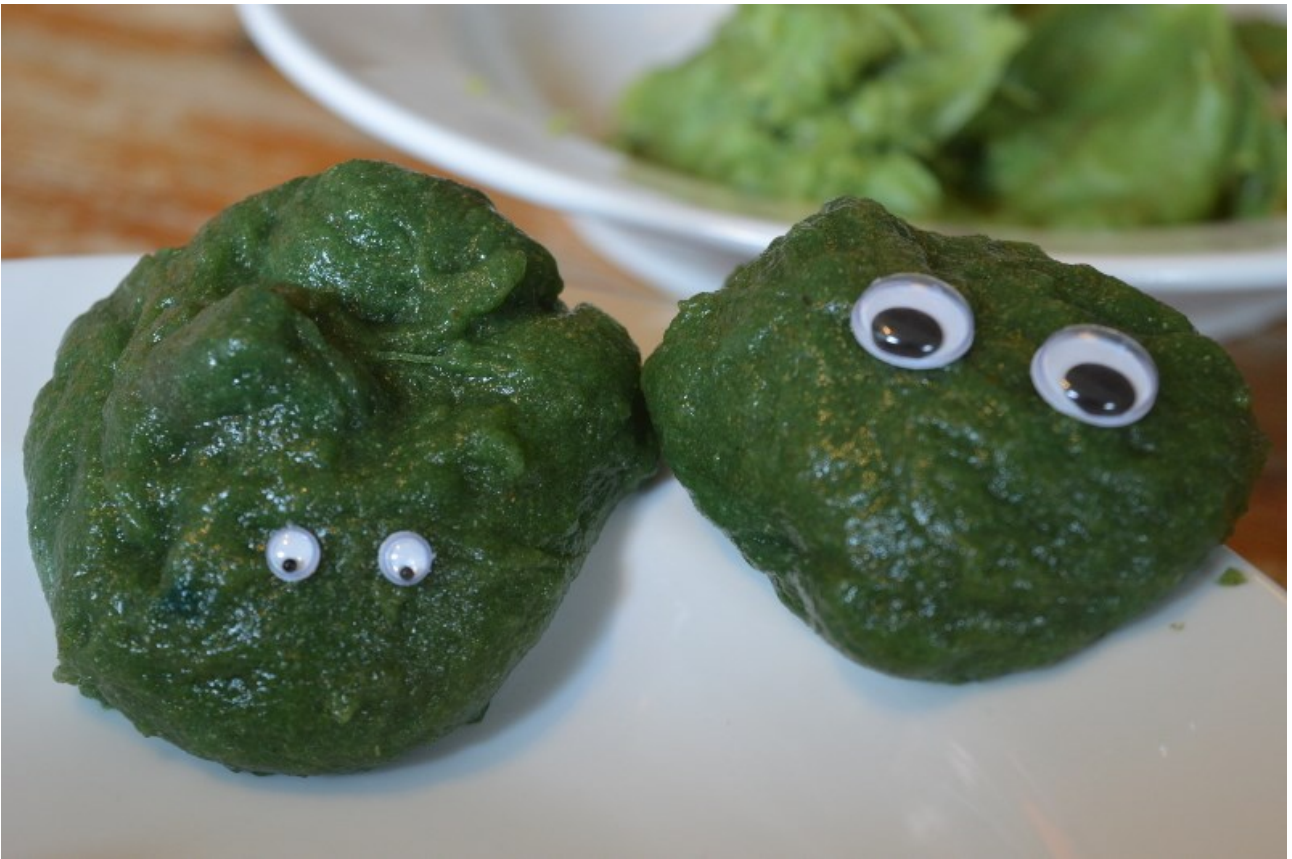


Slime 3

- 1 cup (or mug) flour
- 1/2 cup (or mug) salt
- 2 tbs Cream of Tartar
- 1 tbs sunflower oil
- 1 cup (or mug) boiling water

Mix all the ingredients in a saucepan and stir over low heat until the mixture is no longer sticky to touch. Leave to cool and knead into fairly solid slime. Some of you may recognise this as a playdoh recipe.





Can you rate your slimes in terms of appearance and texture?



Which is your winning slime?

