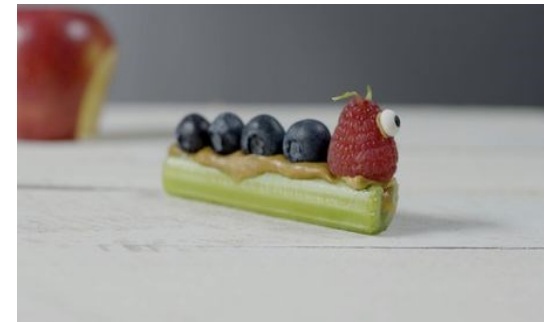


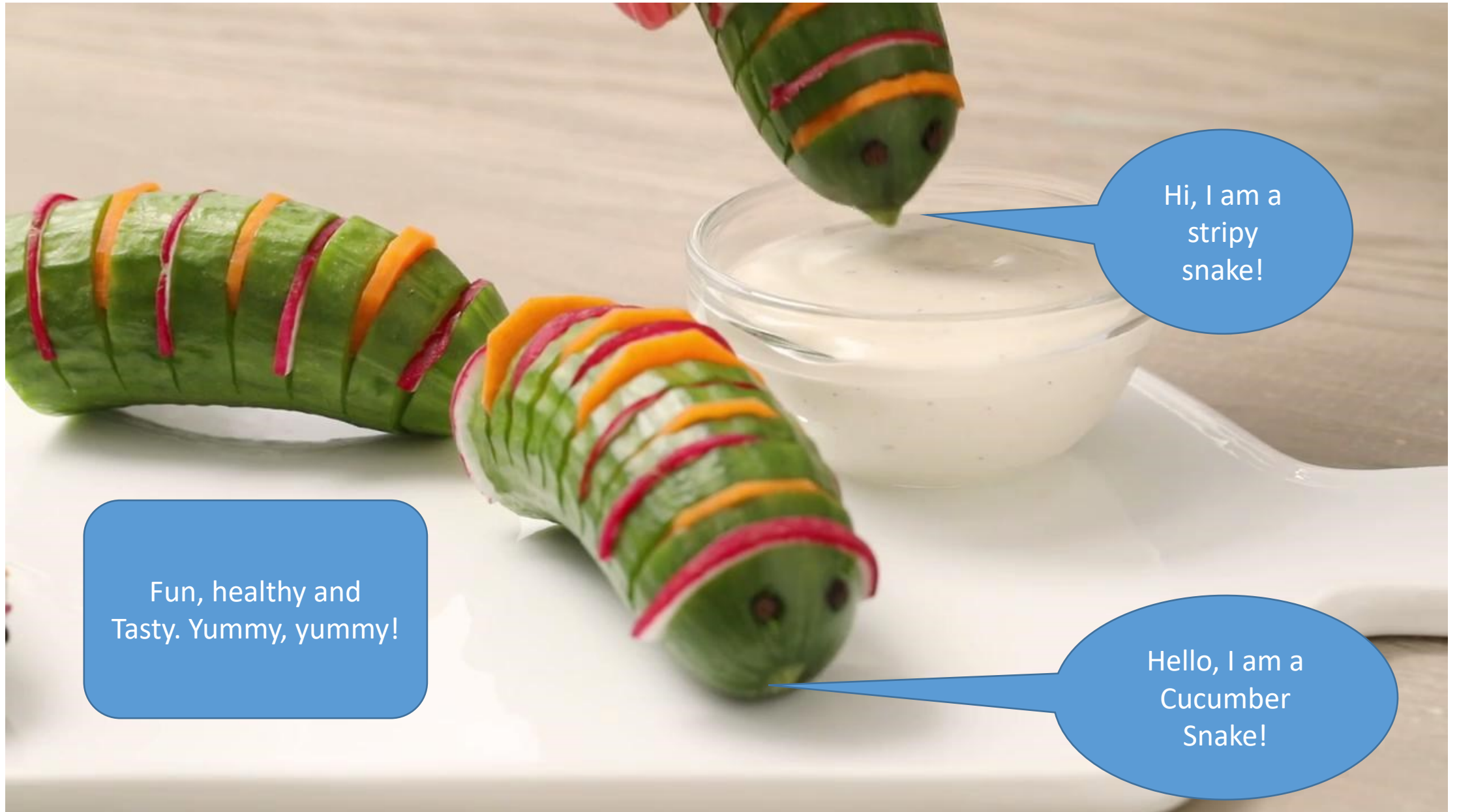
PSHE - Making healthy food fun.

- We all know that eating a variety of healthy foods, such as fruit and vegetables is good for you.
- Did you know, as well as being tasty, fruit and vegetables can also be fun?





Hello. I am a
celery
caterpillar!



Hi, I am a
stripy
snake!

Fun, healthy and
Tasty. Yummy, yummy!

Hello, I am a
Cucumber
Snake!

Which fun, healthy snacks will you make?

Snail

Orange

Yummy

Grape
Caterpillar



You will need -

Celery, cucumber, grapes, raspberries, blueberries, oranges, apple, onion, peppers, cherry tomatoes, kiwi, carrots, raisins, cream cheese, peanut butter or try any other similar healthy foods that you particularly like or have in your fridge.