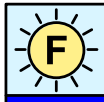
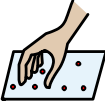




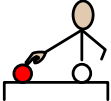






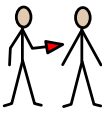
 - 
Life Skills Week Guide - Friday

 Pick  a task  from the boxes.  Choose  one  that is

 challenging,  but  not  too  hard  for  you.

A)

1) Today's focus is on daily routine and personal hygiene. Try to use the worksheet for keeping a log of the daily activities related to personal cleanliness. If an activity is done more than once then make a little tally next to the activity name.

2) Record their reaction to the different parts of their daily routine and if you know there is a part they are not fond of, try being 10 times more enthusiastic than normal (if possible) and see if there is a change.

3) What was their favourite part of the day?

B)

1) Decide which worksheet is more appropriate. If needed, complete the worksheet with the student by supporting them to: spell words to write in the boxes; take pictures of the items for them; help them draw; scribe words they use.

2) Use simple sentences to describe why the items are important for personal hygiene. E.G. "Toothbrush cleans dirt from teeth."

3) Give them items that they do not often use independently and see how they react. Do they know what the item is for?

4) Try adding times to the items and see if they begin to use it as a personal hygiene routine card.

C)

1) Today, keep a log of all the items you

use to clean yourself (this is called personal hygiene).

2) Write a short description of what would happen if

you did not use this item as part of your




personal hygiene routine. Which do you use the most?

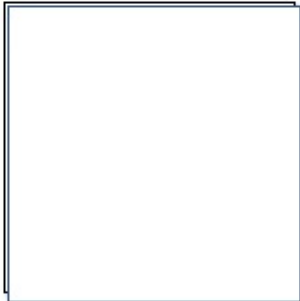
A/B)




Life Skills

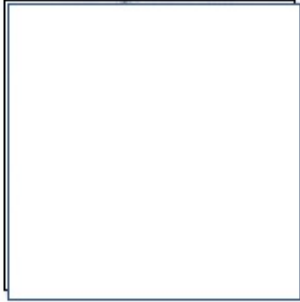
Day:	Friday
Learning Objective:	Develop their preference for activities related to personal hygiene. ----- Observe reactions to events in daily routine.
Favourite part of the day:	






 Happy	 Unhappy	 Meh
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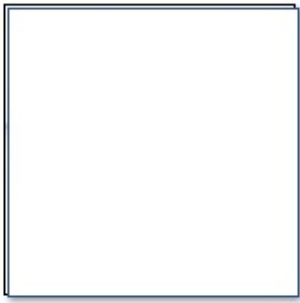
 Happy	 Unhappy	 Meh
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 Happy	 Unhappy	 Meh
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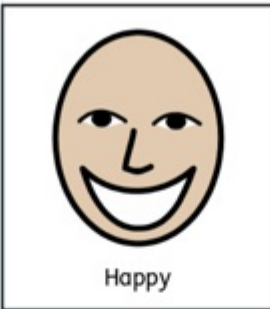
 Happy	 Unhappy	 Meh
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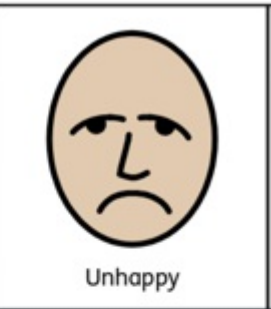
 Happy	 Unhappy	 Meh
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Life Skills

A/B)



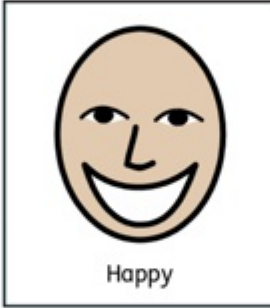
Happy



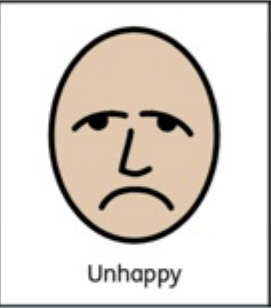
Unhappy



Meh



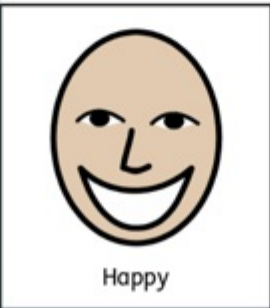
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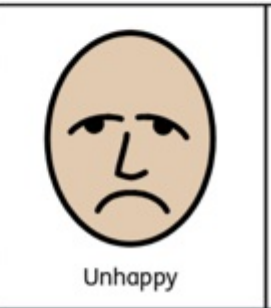
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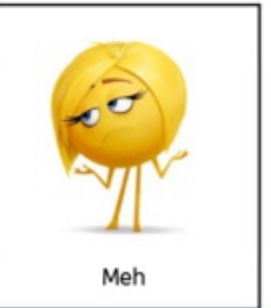
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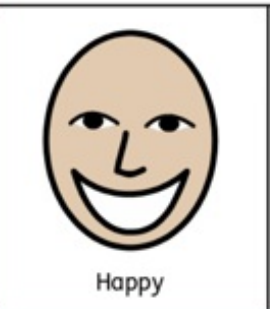
Happy



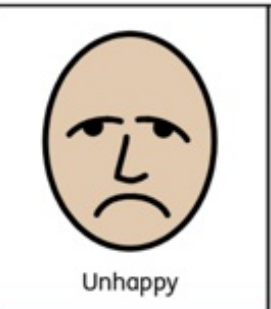
Unhappy



Meh



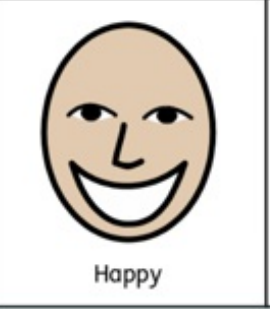
Happy



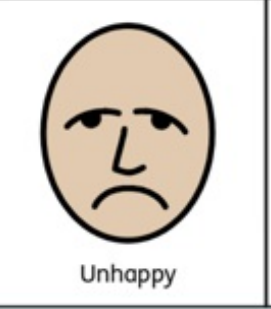
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Meh



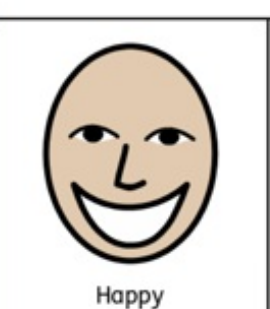
Happy



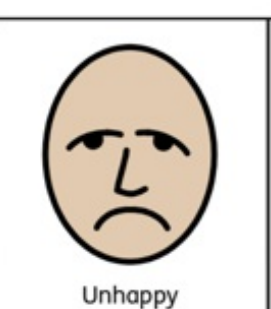
Unhappy



Meh



Happy



Unhappy



Meh

B/C)

Life Skills

Day:	Friday
Learning Objective:	Name and describe items used to clean yourself throughout the day. -----
Number of items:	



B/C)