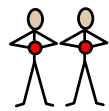




PSHE:



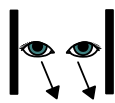
Calming



our



emotions



Watch



&



listen

to the video

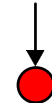


story

-



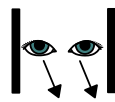
Peace



At



Last!



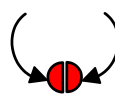
Watch

the



demonstration video

-



making

a



Calming



sensory



bottle.



With an adult



read

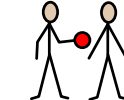
the Power-Point



and



make



your own



Sensory



calm



bottles.



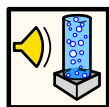
Pretend

to be



in

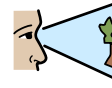
the



Sensory Room



and



see

the



Sensory



bottle



light



show



film.