



Have you ever seen a family member use a recipe to cook or bake? You may have even used a recipe! Below is a fun example of a recipe for being a friend.

Recipe for Being a Friend

Ingredients

- 1 cup of kindness
- 2 teaspoons of smiles
- 1 cup of forgiveness
- 2 teaspoons of fun
- 3 teaspoons of talking
- 1 cup of sharing
- 2 teaspoons of thoughtfulness
- 1 cup of compliments

Directions

Mix all of the ingredients together every day. Be sure to use each ingredient when needed.
Makes one or more lifelong friends.



1. What are some ways you can show kindness to a friend?

2. Why is it important to forgive a friend? Would you want them to forgive you? _____
3. When should you ask for forgiveness from a friend?

4. What feeling does a smile show?

5. What is fun for you? Might it be different for someone else?

6. How can you share with your friend?

7. How can you be thoughtful to your friend?

8. What is a compliment?

9. Give an example of a compliment.
