

Week 6 Maureen KS4 Sensory Experiences.

Suggested by S5 TA Becs

Flo Longhorn worksheets.



Torches and spinning light toy.

- Dim the lights and use the lights to track slowly from side to side.
- Across the body midline and repeat the opposite way.
- Now up and down slowly.
- Try a wobbly line of light across the midline.
- Illuminate your face.
- Try a faster movement of the torches.
- Make a slow figure of 8 vertical and horizontal.
- Try activities with different beams, colours and different room lighting.