Recipe from Jo S5

Fruit Sticks

100g Butter

100g Golden Syrup

2Tablespoons Cocoa Powder

1Tablespoon Concentrated Orange Squash

100g Dried fruit (chopped dates, apricots, sultanas, cherries)

200g Sweet Biscuits, Coarsely crushed

50g Coconut

100g Bar of Chocolate

Grease and line a 7" square tin

Melt the butter, syrup and cocoa powder together.

Stir in the squash, dried fruit, crushed biscuits and coconut.

Put into the tin and level the top.

Melt the chocolate and pour over the mixture.

Leave to set before cutting.