

## Story and actions by Flo Longthorn, and suggested by TA Becs S5 Maureen Week 6 Sensory

Patting story – The Cat and the Bird.

This is excellent for body patting.

Stimulates both sides of the body and brain.

It also links the trunk of the body to the head.

Face the person to whom you are telling the tapping story.

Use both your hands on each side of their body to pat out the story.

Pat firmly but not too hard! See if they will pat the story back to you.

### Story Line

### Body Patting Actions

Once upon a time a bird flew 'flip flap  
Flip flap flip flap'

Fingers pat up and down both arms.

Suddenly a big cat came running  
' thump, thump'.

Fist thumps up and down the arms.

And chased the tiny bird into a bush!

Patting fingers up the arms to the head.

A storm swept the bush to and fro.

Pat all over the head.

The wind blew 'puff,puff,puff, puff,puff'.

Pat face on the cheeks and blow.

The rain fell 'tinkle, tinkle, tinkle, tinkle'.

Pitter-patter rain drops on the head.

The little bird flew to find safety  
in the bushes on one side.

Strum fingers on one side of the hair.

And then on the other side.

Strum fingers on the other side.

The cat followed into the bushes chasing.

Thump, thump all over the hair.

When suddenly!

Stop and hold up arms and hands.

The bird flew down.....and found safety  
in a warm heart.

Take hands to the heart of the listener  
and flutter them.



