get dressed	breakfast	sitting
sitting	play	outside
garden	tidy	tidy toys
help	more	finished
work	work	story
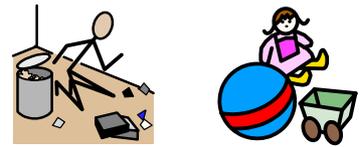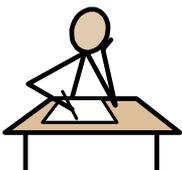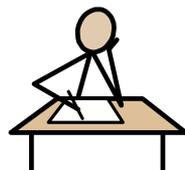
story	walk	run
bike ride	tv	ipad
games	drawing	painting
building	snack	drink
bedtime	bath	shower
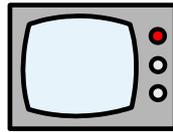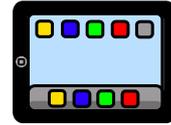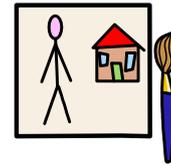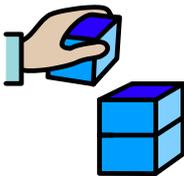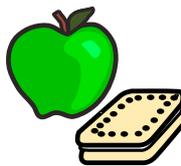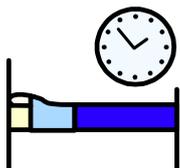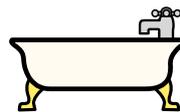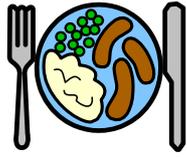
dinner	dance	quiet
shop	medicine	inhaler
wait	coat	wellies
shoes	pyjamas	trousers
t shirt	socks	pants
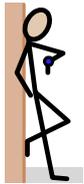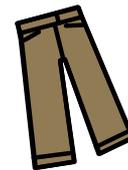
toilet	toilet	pad
wash hands		wipe
writing	**abc** phonics	art